



eBody Shop Australia

Vitamin E 1000IU, Blackmores

\$39.95

(RRP \$56.75)

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You Save: \$16.80

Blackmores Natural E 1000IU helps protect cells from free radical damage. Vitamin E supports heart health and reduces oxidation of LDL-cholesterol (so-called "bad" cholesterol).

- A source of natural vitamin E that has approximately twice the bioavailability of synthetic vitamin E which means it is retained longer and is twice as active in the body.
 - Reduces oxidation of LDL (bad)-cholesterol.
 - Helps to maintain a healthy heart.
 - Easy-to-swallow capsule.
 - Super strength dose.
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- 100 Capsules
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- Vitamin E is a fat-soluble antioxidant vitamin that helps protect cell membranes from damage. It is incorporated into the cell membranes and helps maintain their integrity throughout the body.
 - As an antioxidant vitamin E acts as a "free-radical scavenger". Free radicals are common in the body, arising through a variety of mechanisms. Some are generated in the body as part of normal energy-producing processes, some are generated by pollutants such as air pollution, and some are generated by lifestyle factors such as cigarette smoke. Many of these free radicals are dealt with by the body's own antioxidant defences. Some free radicals escape these defences, and tend to accumulate. Research suggests that this accumulation of free radicals can result in cellular damage.
 - Vitamin E helps maintain heart health as it can help to protect artery walls from free radical damage. A damaged artery wall is more susceptible to developing plaques, which are raised patches on the normally thin and elastic inner wall of the artery. These plaques are composed of a number of

substances which include oxidised LDL-cholesterol. Large plaques in arteries can end up obstructing blood circulation.

- Fats and cholesterol are very susceptible to free radical damage. Vitamin E helps protect fat and cholesterol, particularly LDL-cholesterol, from oxidation. It is currently understood that LDL-cholesterol is only harmful to the body after it has become oxidised.

Dosage Adults – Take 1 capsule a day with a meal, or as professionally prescribed.

Not suitable for children under 12 years

- Contains sodium sulfite.

Natural vitamin E (d-alpha-Tocopherol 670 mg)	1000 IU
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Vitamin E may increase the risk of bleeding with warfarin. Consult your healthcare professional before use if taking warfarin.

Physical Description A clear, unprinted, oblong, soft gelatin capsule.

[Vendor Information](#)

Customer Reviews: There are yet no reviews for this product.
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