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*eBody Shop Australia*

## **DHA Brain Nutrient (Strawberry), Nordic Naturals**

\$44.50

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(RRP \$54.95)

54.95

You Save: \$10.45

**Supports Brain, Nervous System, and Visual Function.** DHA is the way to ensure adequate intake of the essential brain nutrient, DHA. DHA is encapsulated in small, easy-to-swallow 500 mg soft gels, and provides 50% DHA and 10% EPA. Molecularly distilled for purity and concentration, DHA has been further enhanced with strawberry essence for great taste and rosemary extract for superior freshness.

**General Nutrient Support**DHA (Docosahexaenoic Acid) is a polyunsaturated fatty acid, and is an essential building block of brain and nerve tissue. DHA cannot be synthesized by the body, and therefore must be obtained by a diet high in deep-sea cold water fish.

DHA, which constitutes approximately 40% of the brain, supports brain development during the last trimester of pregnancy when the unborn child's demand for neurological growth increases greatly. If added to the mother's diet, it can help prevent the depletion of the mother's store of DHA and support the developing baby's essential fatty acid needs. Currently, the proposed Adequate Intake of DHA for pregnant and lactating women is 300 mg per day. (ISSFAL)\*

Clinical investigations are continually carried out on the importance of DHA and omega-3 fatty acids in health and disease.

\*International Society for the Study of Fatty Acids and Lipids.

- 90 Capsules

**Suggested Use:**Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

**Ingredients:**Purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, strawberry essence), strawberry essence, d-alpha tocopherol, rosemary extract

- EPA: 90 mg
- DHA: 450 mg
- Other Omega-3s: 40 mg
- Vitamin E: 15 IU

[Vendor Information](#)

**Customer Reviews:** There are yet no reviews for this product.  
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