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**eBody Shop Australia**

## **Grape Seed Forte, Blackmores**

\$24.95

(RRP \$31.95)

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You Save: \$7.00

A powerful herbal antioxidant and free radical scavenger that is a rich source of plant flavonoids called oligomeric proanthocyanidins (OPCs). OPCs support collagen structures and help maintain elastin in the skin. Grape seed also provides protection against cellular damage by free radicals.

- High potency supplement - contains 85 mg of procyanidins per tablet
- Formulated to replicate the effective dose used in published clinical research when taken as recommended
- Helps to relieve swelling (oedema), heaviness, pain and itching of the legs
- Helps to protect against the breakdown of skin collagen and elastin
- Helps to reduce the risk of cell damage attributed to free radicals

- 30 Tablets

**How it works** Grape seed extract contains a rich source of plant flavonoids called oligomeric procyanidins, or more commonly, OPCs.

OPCs have many beneficial effects in the body, including stabilising capillary walls and preventing increases in capillary permeability. Connective tissue, blood vessels and capillary walls are all supported structurally by a collagen matrix. Grape seed extract supports collagen structures and helps to prevent destruction of collagen, as it promotes the reinforcement of the natural cross-linking of collagen fibres.

Grape seed extract is a potent antioxidant and as such provides protection against cellular damage by free radicals.

Free radicals are common in the body, arising through a variety of mechanisms. Some are generated in the body as part of normal energy-producing processes, some are generated by pollutants such as air pollution,

and some are generated by lifestyle factors such as excess dietary fats, cigarette smoke, and alcohol ingestion. Many of these free radicals are dealt with by the body's own free radical, antioxidant defences. Some free radicals however escape these defences, and cause cellular damage. Research suggests that accumulation of free radical cellular damage can result in degenerative conditions.

**Dosage Adults** - Take two tablets a day with a meal, or as professionally prescribed.

**Children under 12 years** - Only as professionally prescribed.

**Contraindications and cautions** Always read the label. Use only as directed. If symptoms persist see your healthcare professional.

*Vitis vinifera* (Grape seed) extract equiv. to dry seed 12 g (12000 mg)

**Active ingredients per tablet Physical Description** A red - beige, speckled, bullet shaped tablet with break bar. Film-coated pink/mauve.

[Vendor Information](#)

**Customer Reviews:** There are yet no reviews for this product.  
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