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***eBody Shop Australia***

## **Vitamin B6 50mg, Natures's Own**

\$5.45

(RRP \$7.95)

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You Save: \$2.50

Vitamin B6 is needed for the production of prostaglandins and is necessary for the formation of haemoglobin and red blood cells. It is involved in the manufacture of several neurotransmitters, and is beneficial in relieving the symptoms of PMS including mood changes.

**Main Uses** relief of PMS symptoms helping to relieve the intensity of nausea during pregnancy relief of mild fluid retention associated with the menstrual cycle

- Useful in helping to maintain normal nerve and brain function
- Assists in the alleviation of mild fluid retention
- Useful for minor skin conditions such as acne
- Helps relieve muscular cramps and spasms
- Beneficial for normal reproductive function and pregnancy related morning sickness

- 75 Tablets
- 100 Tablets

**Directions for Use** Recommended adult dosage 1 tablet once a day or as advised by your healthcare professional.

**Medical Caution** This product contains pyridoxine hydrochloride which may be dangerous when used in large amounts for a long time. If fluid retention persists seek medical advice. If symptoms persist consult your healthcare professional.

**Ingredients** Vitamin B6 (pyridoxine hydrochloride) 50mg

[Vendor Information](#)

**Customer Reviews:** There are yet no reviews for this product.  
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