



eBody Shop Australia

Vitamin B6 200mg, Nature's Own

\$10.50

(RRP \$14.95)

type=input,subtype=TEXT,width=40,height=014.95

You Save: \$4.45

Vitamin B6 is needed for the production of prostoglandins and is necessary for the formation of haemoglobin and red blood cells. It is involved in the manufacture of several neurotransmitters, and is beneficial in relieving the symptoms of PMS including mood changes. **Main Uses** helping to relieve PMS symptoms including mild fluid retention, irritability and abdominal bloating helping to relieve the intensity of nausea in pregnancy

- Aids the alleviation of mild fluid retention
- Helps relieve the symptoms of PMT
- Useful for minor skin conditions such as acne
- Helpful in the relief of muscular cramps and spasms
- May assist in the alleviation of pregnancy related nausea

- 50 Tablets
- 100 Tablets

Directions for Use Recommended adult dosage 1 tablet once a day or as advised by your healthcare professional.

Medical Caution This product contains pyridoxine hydrochloride, which may be dangerous when used in

large amounts or for a long time. If symptoms or fluid retention persists seek medical advice.

Ingredients Vitamin B6 (pyridoxine hydrochloride) 243mg equiv. pyridoxine 200mg

[Vendor Information](#)

Customer Reviews: There are yet no reviews for this product.
Please log in to write a review.